GLIDE COMMUNITY WELLNESS FAIR!

FRIDAY, APRIL 8, 2011: 10AM-2PM

GLIDE FREEDOM HALL (1st Floor)

330 Ellis St. San Francisco, CA 94102

LEARN ABOUT:

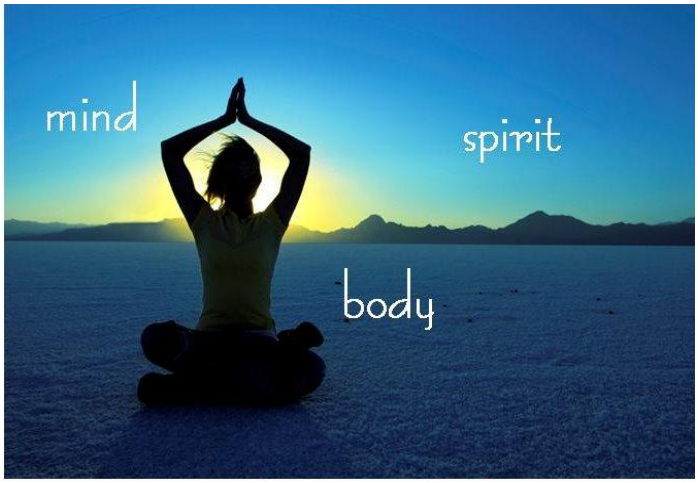
- **Stress Reduction**
- **Nutrition**
- **Mind/Body Health**
- **Social Health**
- **Yoga**
- **Meditation**
- **Acupuncture**
- **Expressive Therapies**

FREE EVENT!
EVERYONE WELCOME!

FREE SCREENINGS:

- Diabetes
- Blood Pressure
- Depression
- HIV Rapid Test
  - 20 Minutes; No Blood

-VENDORS - PRIZES - FUN ACTIVITIES - FREE STUFF!



In Partnership with: GLIDE, SF Psychological Association, CLASP, Alliant University, CIIS, SF Suicide Prevention, RAMS, Mental Health Association-SF, YMCA, and the Hospitality House